

Breakfast

SERVED UNTIL 1pm

Hi, welcome to Bloom! As our kitchen is only small, we are unable to offer customised breakfasts at busy times. Any extras will be charged for.

Thank you for your understanding, we hope you enjoy your time with us!

Full English

2 SAUSAGES, 2 STREAKY BACON,
2 EGGS, HASH BROWN, BEANS,
MUSHROOMS, TOMATOES
& TOAST - £12.50

Veggie

2 VEGGIE SAUSAGES, 2 EGGS,
AVOCADO, HALLOUMI, SWEET POTATO
MEDALLIONS, BEANS, MUSHROOMS,
TOMATOES & TOAST - £12.50

V

Vegan

2 VEGGIE SAUSAGES, AVOCADO,
SWEET POTATO MEDALLIONS, BEANS,
MUSHROOMS, TOMATOES & TOAST - £10

VG

Green Goddess

2 POACHED EGGS, MUSHROOMS &
TOMATOES ON A BED OF SPINACH
TOPPED WITH CRISPY KALE & HONEY
MUSTARD DRESSING - £9

V

Breakfast Bravas

BRAVAS POTATOES TOSSED WITH
FRIED PEPPERS & BACON, TOPPED WITH
SCRAMBLED EGG, SPRING ONIONS
& CHIPOTLE MAYONNAISE - £10

GF

Omelette

CHOOSE 3 FILLINGS
PEPPERS | ONIONS | MUSHROOMS |
SPINACH | CHEESE | TOMATO | BACON - £10
SMOKED SALMON - +£3

GF

Pancakes

2 PANCAKES & MAPLE SYRUP
CHOOSE 1 TOPPING
FRESH BERRY COMPOTE | STREAKY BACON
SAUSAGE | VEGGIE SAUSAGE - £9.50

V

The Benedicts

POACHED EGGS DRIZZLED IN
HOLLANDAISE SAUCE ON AN ENGLISH
MUFFIN OR SWEET POTATO MEDALLIONS GF
YOUR CHOICE OF
SPINACH - £10 V
BACON - £10.50
SMOKED SALMON - £13

Mini English

1 SAUSAGE, 1 STREAKY BACON,
1 EGG, HASH BROWN, BEANS,
MUSHROOMS, TOMATOES
& TOAST - £10

Mini Veggie

1 VEGGIE SAUSAGE, 1 EGG,
AVOCADO, HALLOUMI, SWEET POTATO
MEDALLIONS, BEANS, MUSHROOMS,
TOMATOES & TOAST - £10

V

Breakfast Butty

2 PIECES OF WHITE OR BROWN TOAST
CHOOSE 1 TOPPING
2 SAUSAGES | 2 STREAKY BACON
2 EGGS ANY STYLE - £5.50

Avo Toast

SEASONED SLICED AVOCADO ON
A PIECE OF BROWN TOAST SERVED
WITH WILTED SPINACH, MUSHROOMS
& TOMATOES - £9

VG

Halloumi Bravas

BRAVAS POTATOES TOSSED WITH
FRIED PEPPERS, SPINACH & HALLOUMI, TOPPED
WITH SCRAMBLED EGG, SPRING
ONIONS & CHIPOTLE MAYONNAISE - £10

V GF

Spanish Omelette

CRISPY CHORIZO, BRAVAS, FRIED ONIONS
& PEPPERS TOPPED WITH GRATED
CHEDDAR & A SALAD GARNISH - £10

GF

French Toast

THICK WHITE BREAD TOSSED IN
CINNAMON EGG BATTER, CRISPED UP
& TOPPED WITH TOFFEE SAUCE
AND FRESH BERRY COMPOTE - £9

V

Extras

SMOKED SALMON - £3
SAUSAGE | BACON | EGG | HALLOUMI
VEGGIE SAUSAGE | AVOCADO - £2
TOMATOES | MUSHROOMS | SPINACH
HASH BROWN | SWEET POTATO MEDALLIONS - £1
BEANS | TOAST - £0.50

Sandwiches & Wraps

SERVED 12-5pm

Choose your bread

TORTILLA WRAP | WHITE CIABATTA | BROWN GLUTEN FREE ROLL £1.50 SUPP

Salt & Pepper Chicken

CHICKEN, PEPPERS & ONIONS TOSSED
IN SALT & PEPPER SEASONING
& SWEET CHILLI JAM - £11.50

GF*

Steak & Onion

MINUTE STEAK & FRIED ONIONS TOPPED
WITH CHEDDAR CHEESE - £12.50

GF*

Salmon & Dill

SMOKED SALMON MIXED WITH DILL
MAYONNAISE, TOPPED WITH ICEBERG
LETTUCE & CUCUMBER - £13

GF*

Crispy Chilli Beef

CRISPY BEEF TOSSED WITH
PEPPERS & SPRING ONIONS
IN A SOY & SWEET CHILLI SAUCE - £12

GF*

Belly Pork

TOPPED WITH APPLE, RED ONION
CHUTNEY, SPINACH & BEETROOT
MAYONNAISE - £12.50

GF*

Salt & Pepper Halloumi

HALLOUMI, PEPPERS & ONIONS
TOSSED IN SALT & PEPPER SEASONING
& SWEET CHILLI JAM - £12.50

GF*

SANDWICHES,
WRAPS & BURGERS
SERVED WITH
CHUNKY CHIPS

You can also swap to
Skinny Fries or
upgrade to Sweet
Potato Fries
+£2.50

Burgers

SERVED FROM 12pm

Beef

HOMEMADE BEEF PATTY TOPPED
WITH LETTUCE, TOMATO, PICKLES
& CHIPOTLE MAYONNAISE - £13

GF*

Halloumi

CRISPY HALLOUMI WEDGE
TOPPED WITH FRIED ONIONS,
TOMATO, SPINACH & BEETROOT
MAYONNAISE - £13

V GF*

Chicken

GRILLED CHICKEN BREAST
TOPPED WITH TOMATO, LETTUCE
& GARLIC MAYONNAISE - £13

GF*

Plant

MOVING MOUNTAIN PATTY
TOPPED WITH FRIED ONIONS,
PICKLES, TOMATO, LETTUCE &
BEETROOT MAYONNAISE - £13

VG GF*

Crispy Chicken

SALT & PEPPER FRIED CHICKEN
BREAST TOPPED WITH FRIED
ONIONS, LETTUCE & GARLIC
MAYONNAISE - £13

Extra Toppings

CHEESE | FRIED ONIONS
PICKLES | AVOCADO | HALLOUMI
BACON - £1 EACH

Bloom Bowls

SERVED FROM 12pm

Chicken & Bacon

ON A BED OF LETTUCE, TOMATOES
& AVOCADO TOSSED IN GARLIC
MAYONNAISE - £12.50

GF

Asian

SPINACH, CUCUMBER, PEPPERS, SPRING
ONIONS, CHILLIS & NOODLES TOSSED IN
HONEY & SOY DRESSING - £10

V

Super Bloom

AVOCADO, BROCCOLI, PEPPERS,
CUCUMBER, TOMATOES & LETTUCE IN
A HONEY MUSTARD DRESSING - £10

V VG GF

Mediterranean

TOMATOES, CUCUMBER, OLIVES,
HERB FETA, ICE BURG LETTUCE &
BALSAMIC DRESSING - £11

V

Extra Toppings

HUMMUS | SWEET POTATO CAKES - £3
CHICKEN | CRISPY CHILLI BEEF | SMOKED SALMON - £5
BELLY PORK | SALT & PEPPER HADDOCK BITES | PRAWNS
SALT & PEPPER HALLOUMI - £6.50

Sauces

GARLIC MAYO - £1
CHIPOTLE MAYO - £1
SWEET CHILLI JAM - £1
HONEY MUSTARD - £1
DILL MAYO - £1
BEETROOT MAYO - £1
PEPPERCORN - £3
GARLIC BUTTER - £3

If you have any allergies please make your server is aware. Please let us know if you need an alternative.

(GF) GLUTEN FREE (V) VEGETARIAN (VG) VEGAN *ALTERNATIVES AVAILABLE

All of our food is prepared fresh to order so at busy times please allow for a longer wait

SERVED FROM 1pm

Nibbles

Bloom Board

SWEET RED ONION HUMMUS
FRIED TORILLA WRAP | OLIVES
CRUDITES | CHUTNEY - £9.50
VG

Olives - £4

VG GF

ADD GARLIC CIABATTA - £4.50

V

Nachos

TOPPED WITH CHEDDAR, SALSA,
GUACAMOLE & SOUR CREAM - £9.75
V GF

Small Plates

3 Small Plates - £18

*APPLIES TO SMALL PLATES
IN GREEN

NOT AVAILABLE FRIDAY -
SUNDAY, BANK HOLIDAYS
& SPECIAL DATES

Garlic Mushrooms

MUSHROOMS & SPINACH IN A
GARLIC CREAM SAUCE WITH A
SIDE OF BROWN TOAST - £7.50
V GF*

Hummus

SWEET RED ONION HUMMUS
SERVED WITH A SIDE OF FRIED
TORTILLA WRAP - £5
VG

Crispy Chilli Beef

TOSSED WITH PEPPERS &
TOPPED WITH SPRING
ONIONS - £8.50
GF*

Calamari

SALT & PEPPER CALAMARI
SERVED WITH HOMEMADE
TARTARE SAUCE - £8.25

Haddock Bites

TOSSED IN SALT & PEPPER
SEASONING & SERVED WITH
DILL MAYONNAISE - £8.50

Gambas Pil Pil

PRAWNS, PEPPERS & ONIONS
COOKED IN CHILLI, GARLIC &
WHITE WINE BUTTER SAUCE.
SERVED WITH WARM BREAD - £9.75
GF*

Sweet Potato Medallions

TOSSED WITH PEPPERS & ONIONS
& TOPPED WITH CRISPY KALE
& BEETROOT MAYONNAISE - £7
VG

Patatas Bravas

ROASTED POTATO TOPPED WITH
GARLIC MAYONNAISE - £7
V GF

Salt & Pepper Halloumi

TOSSED WITH PEPPERS &
ONIONS SERVED WITH GARLIC
MAYONNAISE - £8.50
V GF*

Chicken Skewers

COOKED IN HONEY & SOY
SAUCE, SERVED WITH
CHIPOTLE MAYONNAISE - £8.25

Prawn & Chorizo Skewers

SERVED WITH CHIPOTLE
MAYONNAISE - £9.50
GF

Chips & Dips

CHUNKY CHIPS SERVED WITH
SIDES OF GARLIC MAYONNAISE
& SWEET CHILLI JAM - £6
V

Sweet Potato Cakes

SWEET POTATO, BLACK BEAN,
ONION & SWEETCORN CAKES
SERVED ON A BED OF SPINACH
WITH A SIDE OF BEETROOT
MAYONNAISE - £7
VG

Goats Cheese Bites

FRIED GOATS CHEESE ON A BED
OF SPINACH WITH A SIDE OF
CHUTNEY - £8.25
V

Salt & Pepper Chicken

TOSSED WITH PEPPERS, ONIONS
& SWEET CHILLI SAUCE - £8.50
GF*



Char Sui Pork Bites

PORK BELLY BITES SERVED WITH
APPLE & RED ONION CHUTNEY
& A SIDE OF BEETROOT
MAYONNAISE - £9
GF*

Chorizo Al Vino

CHORIZO COOKED IN RED WINE
& HONEY SYRUP. SERVED WITH
WARM BREAD - £9
GF*

Find us on Social

  @bloomallerton

Get in touch for information on Private Dining, Events & Parties.
hello@bloombarandbistro.co.uk | 0151 475 7039 | www.bloombarandbistro.com |
149-151 Allerton Road, L18 2DD

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(GF) GLUTEN FREE (V) VEGETARIAN (VG) VEGAN *ALTERNATIVES AVAILABLE

Mains

Meat

10z Sirloin

SERVED WITH CHUNKY CHIPS, SUGAR SNAP
PEAS, MUSHROOMS, FRIED ONIONS &
PEPPERCORN SAUCE OR GARLIC BUTTER - £29
GF*

Duck Breast

SERVED WITH SWEET POTATO MEDALLIONS,
SUGAR SNAP PEAS, WILTED SPINACH, FRIED
ONIONS & ORANGE GLAZE - £22
GF

Roasted Lamb

SERVED WITH MINTED PEA MASH, ONION
GRAVY, BROCCOLI & SUGAR SNAPS - £20
GF

Creamy Chicken Breast

SERVED WITH CRUSHED CARROT MASH,
BROCCOLI & A CREAMY MUSHROOM
& BACON SAUCE - £14
GF

Seafood

Fish & Chips

BEER BATTERED HADDOCK SERVED WITH
CHUNKY CHIPS, MINTED MUSHY PEAS
& TARTARE SAUCE - £16

Seabass Fillet

PAN FRIED SEABASS FILLET WITH A LEMON
DILL CREAM SAUCE, SERVED WITH BROCCOLI,
CARROTS & BRAVAS POTATOES - £16
GF

Haddock Risotto

LEEK & MUSHROOM RISOTTO,
SERVED WITH BAKED HADDOCK - £15
GF

Sauces

GARLIC MAYO - £1
CHIPOTLE MAYO - £1
SWEET CHILLI JAM - £1
HONEY MUSTARD - £1
DILL MAYO - £1
BEETROOT MAYO - £1
PEPPERCORN - £3
GARLIC BUTTER - £3

CHUNKY CHIPS - £4.25
SKINNY FRIES - £4
SWEET POTATO FRIES - £4.50
SALT & PEPPER FRIES - £5.50
HOUSE SALAD - £5
MIXED VEG - £5

Pasta & Noodles

Pollo Penne

DICED CHICKEN & BACON COOKED IN A CREAMY
GARLIC & HERB CHEESE SAUCE - £13
GF

Seafood Tagliatelle

PRAWNS, CALAMARI, SMOKED SALMON &
SPINACH IN A TOMATO MARINARA SAUCE - £15
GF*

Prawn & Chorizo Tagliatelle

PRAWN, CHORIZO & SPINACH IN A GARLIC
& HERB CREAM SAUCE - £14
GF*

Veggie Penne

BROCCOLI, MUSHROOMS & SPINACH IN A
TOMATO MARINARA SAUCE - £12
VG GF

Stir Fry

BROCCOLI, CARROTS, PEPPERS, SUGAR
SNAP PEAS, SPRING ONIONS & NOODLES
IN A HONEY, CHILLI & SOY SAUCE - £12 V

Extra Toppings

CHICKEN | CRISPY CHILLI BEEF
SMOKED SALMON - £5

BELLY PORK | SALT & PEPPER HADDOCK
PRAWNS | SALT & PEPPER HALLOUMI - £6.50

DUCK | SEABASS - £8.50

Sunday Roast

Served from 1pm every Sunday

YOUR CHOICE OF BEEF, CHICKEN, LAMB
OR NUT ROAST. SERVED WITH ROAST POTATOES,
CARROT MASH, BROCCOLI, YORKSHIRE PUDDING
& RED WINE GRAVY - £16.50 VG* GF*
+£4 SUPPLEMENT FOR LAMB

Sides

MINTED PEA MASH - £5
GARLIC CHILLI SOY BROCCOLI - £5
CRISPY KALE - £3.50
GARLIC BREAD - £4.50
CHEESY GARLIC BREAD - £5.5